



Post-COVID-19 Medical Management

Why is Now the Right Time to Invest?

The culmination of patients avoiding emergent and routine care, coupled with the unknown long-term impacts of COVID-19 on health, present a real opportunity for healthcare systems to invest in and improve their existing ambulatory care management.



In May 2020, the number of visits to ambulatory practices was still roughly one-third lower than what was seen before the pandemic, according to a study on the impact of the COVID-19 pandemic on outpatient visits.¹

As medical literature on the long-term impacts² of COVID-19 develops, the need for better chronic care management and a public health mindset are becoming ever more apparent and critical as part of COVID-19 recovery.

From a health system standpoint, now is the time to reinvest in population health management and medical management services to address rising numbers of high-risk patients.

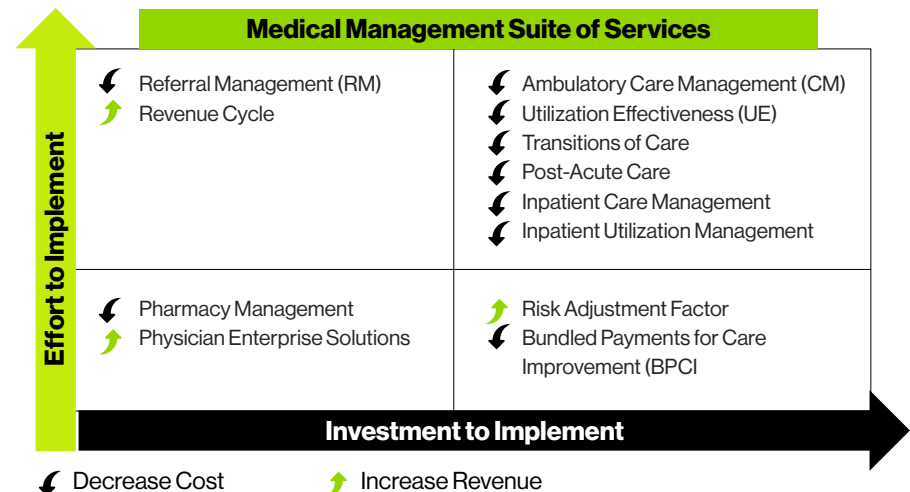
Guidehouse experts use a suite of solutions under the umbrella of medical management to manage populations and drive down per-member per-month (PMPM) costs.

3 Critical Levers to Decrease Costs and Drive Down PMPM by 6%:³

1. Referral Management
2. Ambulatory Care Management
3. Utilization Effectiveness

If you would like to hear more information about how we're solving health systems issues, visit [guidehouse.com](https://www.guidehouse.com).

Guidehouse's Methodology for Medical Management builds successful ACOs using a suite of healthcare strategy solutions



1. Ateev Mehrotra, et al, "The Impact of the COVID-19 Pandemic on Outpatient Visits: A Rebound Emerges," Commonwealth Fund, May 19, 2020, <https://www.commonwealthfund.org/publications/2020/apr/impact-covid-19-outpatient-visits>.

2. George Citroner and Michael Crescione, "What We Know About the Long-Term Effects of COVID-19," April 21, 2020, Healthline, <https://www.healthline.com/health-news/what-we-know-about-the-long-term-effects-of-covid-19>.

3. John Hsu, et al, "Bending the Spending Curve by Altering Care Delivery Patterns: The Role of Care Management Within A Pioneer ACO," Health Affairs, May 2017, <https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2016.0922>.