#### CLINICAL TRANSFORMATION SOLUTIONS

# Guidehouse Outwit Complexity

# Innovative Clinical Care

## **Our Point of View**

With advances in technology, growing healthcare costs, an aging population, and pandemic challenges, government and commercial payers are increasingly looking to innovative clinical care models that provide care to patients at home and in community-based settings. Patient care in such care models as acute hospital care at home, remote patient monitoring "plus", skilled nursing facility (SNF)-at-home, and innovative primary care is supported by enhanced consumer satisfaction, as well as strong quality and lower cost of care.

However, many healthcare organizations struggle to incorporate these new models into their care delivery strategies. As these models disrupt historical paradigms and operational workflows, organizations need a partner who deeply understands the strategic, operational, financial, and technological components for success.

## **Our Solutions**

Guidehouse's comprehensive approach allows organizations to determine which innovative clinical care models address their most pressing challenges, such as capacity management, readmission prevention, chronic disease management, access to care, and transition to value-based reimbursement models.

Guidehouse's experts complete a comprehensive evaluation including people, processes, technology, and financial analyses. Once the business case is established and approved, our multi-disciplinary team supports all design aspects to develop programs and offers implementation assistance to mobilize new models and ensure ongoing success.



Acute Hospital Care at Home allows providers to offer acute hospital-level care for patients in their home setting. Not only does this allow providers to increase capacity, it is also associated with lower costs and improved quality.



Remote patient monitoring (RPM) "plus" allows patients to be monitored within a community setting, often preventing avoidable readmissions. Too often, organizations assume a technology platform alone will solve a problem. Guidehouse believes the "plus" is a thoughtfully developed clinical care model augmenting technology and incorporating clinical protocols and workflows to drive improved outcomes.





Innovative primary care challenges organizations to rethink how they structure and deliver primary care, including how high-risk patient populations are organized across providers, provider compensation, revenue optimization, and operational redesign. Guidehouse works with payers and providers to ensure the complex needs of patients are addressed both clinically and financially while positioning systems to reward care teams for the value they create.



SNF-at-home further expands post-acute care options available to patients, payers, and providers by offering SNF level of care within a home setting. Since COVID, patients and families have expressed concerns with being discharged to a community-based nursing home, and access to SNF level of care has become more challenged by additional admission requirements and workforce shortages. SNF-at-home can improve transitions of care, reduce acute length of stay, prevent readmissions, and reduce the costs.

# **Our Impact**

# California Health System Receives CMS Acute Hospital-at-Home Waiver:

Guidehouse designed an acute hospital care at home program for a California health system, including program design, completion of the CMS waiver application, and development of an implementation plan.

# \$3B Health System Reduces Targeted Readmissions by 40%:

To advance improvement in readmissions, Guidehouse worked with the remote patient management (RPM) team and care transition leaders at a \$3B east coast health system to optimize the organization's RPM-at-home program. Initial efforts yielded a 40% reduction in readmissions for the targeted population.

### Contact

**Donna Cameron** 

Partner donna.cameron@guidehouse.com

Nicole Fetter, MD

Director nicole.fetter@guidehouse.com

**Julia Clark** 

Director

julia.clark@guidehouse.com

### **About Guidehouse Health**

Guidehouse is a leading global provider of consulting services to the public sector and commercial markets with 16,000 professionals providing broad capabilities in management, technology, and risk. The company's Health segment integrates consulting and outsourcing expertise to help hospitals and health systems, government agencies, life sciences and retail companies, payers, and other organizations deliver innovative services to their communities. With 12 KLAS #1 rankings, Guidehouse was ranked 2022's second largest healthcare consulting firm by Modern Healthcare. Visit the Guidehouse Center for Health Insights for healthcare payment, operational, and consumer disruption insights and solutions.